



World-class pregnancy care from  
the UK's leading specialists



THE BIRTH  
CLINIC }



The Birth Clinic offers a range of affordable and flexible private maternity packages to suit your individual needs. With top doctors, midwives, and medical facilities, you can enjoy each stage of your pregnancy in an environment dedicated to medical excellence and superior service.



# Welcome to The Birth Clinic



**Dr Malcolm Gillard** FRCS FRCOG  
Consultant Obstetrician and Gynaecologist

Thank you for your interest in The Birth Clinic. We are pleased to offer premier maternity care options before, during and after pregnancy. Our doctors, midwives and pregnancy support professionals are among the best in the field and are dedicated to enhancing your journey toward parenthood.

The Birth Clinic's state-of-the-art facilities mean that you can relax and enjoy your visits at times and locations convenient for you. Incorporating world-class ultrasound scanning and diagnostic services - including some of the leading antenatal care facilities in Europe - your pregnancy care will be second to none. Appointments are available to suit your schedule during the weekday and weekends. With a team of highly trained professionals, The Birth Clinic is on standby to address any concerns or queries you might have. You can always be confident that support is only a phone call away.

We believe that holistic and complementary therapy should be available throughout your pregnancy to help smooth your path during this significant time in your life. Furthermore, our approach emphasises that care does not end when your baby is born, and therefore we have a team dedicated to postnatal assistance and support in helping you to look after your newborn in the home.

This brochure will provide you with information to help you choose the best package for you. For any further enquiries or advice, please call us and our team will be delighted to assist you.

We look forward to supporting you during this life-changing adventure.

A handwritten signature in black ink, appearing to read 'Malcolm Gillard', written in a cursive style.

Dr Malcolm Gillard

## About Us



Our doctors, midwives and pregnancy support professionals have played a role in the births of thousands of healthy babies. In order to ensure that your pregnancy is as stress-free as possible, The Birth Clinic has several maternity packages, led by specialist medical practitioners, to ensure that excellent care is available in a supportive and compassionate environment. Each of these packages is overseen and coordinated by a private doctor or midwife in order to ensure that you are not burdened with managing your own care.



The Birth Clinic is proud to have among its doctors some of the leading experts in obstetric and fetal medicine. These include senior fellows of the Royal College of Obstetricians and Gynaecologists; recipients of “Best Doctors in the UK” designation; and leaders in global obstetric training and education. In addition, through our affiliation with the largest private GP network in the UK, we are able to offer nearby support for your general medical needs throughout your pregnancy and postnatal experience.

Enrolling with The Birth Clinic provides you with the following benefits:

- Flexible maternity options suiting your individual needs and budget
- The ability to choose either a consultant doctor or private midwife for your care
- You will see the same team members throughout your pregnancy
- You will receive the 4 major ultrasound scans, including those not typically provided in the NHS
- Availability to answer any questions or concerns
- Clean, modern facilities and state-of-the-art ultrasound clinics.

In the event that you have private insurance which covers maternity benefits, The Birth Clinic is happy to coordinate directly with your insurer. We can work with most insurers including: Aetna, Allianz, AXA International, BUPA International, CIGNA, Goodhealth, and others. If you wish to discuss any of the financial aspects of your care further, please do not hesitate to call us on **0800 612 8210**.

# Maternity Care & Services

Whether you are looking to go fully private or just to supplement your NHS care, we have a broad range of packages to meet your needs. For those seeking a fully private pregnancy option, we offer the following two packages:

## Consultant Package:

Private maternity care, including delivery at a private maternity ward, **led by a consultant obstetrician.**

- One hour initial consultation
- Routine antenatal ultrasound scans (Viability, Nuchal Translucency, Anomaly and Wellbeing Scans)
- Routine antenatal appointments at weeks 12, 22, 26, 30, 33, 35, 37, 38, 39, and 40.
- Routine antenatal blood tests
- Consultant's delivery fee
- 24-hour telephone support
- 1 postnatal visit at 6 weeks
- Referral to a range of complementary therapies including Yoga, Acupuncture, Massage, Osteopathy and more.
- **Optional:** Unlimited private GP visits (currently London only)

## Midwife Package:

Private maternity care, **led by a midwife**, with an option for antenatal and postnatal care and delivery at home.

- One hour initial consultation
- Routine antenatal ultrasound scans (Viability, Nuchal Translucency, Anomaly and Wellbeing Scans)
- Routine antenatal appointments at weeks 8, 12, 16, 20, 24, 28, 30, 32, 34, 36, 37, 38, 39, and 40 (available at home or clinic)
- Routine antenatal blood tests
- Midwife's delivery fee
- 24-hour telephone support
- 11 postnatal visits (at home or clinic)
- Referral to a range of complementary therapies including Yoga, Acupuncture, Massage, Osteopathy and more.
- **Optional:** Unlimited private GP visits (currently London only)



For those seeking private options to supplement their NHS care, we offer the following packages for antenatal care, postnatal support, and Caesarean sections:

### Peace of Mind Package (Antenatal):

For those planning to deliver through the NHS but wishing to supplement their care to gain peace of mind.

- Three consultations with a consultant obstetrician at or around weeks 12, 24 and 36 of your pregnancy.
- Routine antenatal ultrasound scans (Viability, Nuchal Translucency, Anomaly and Wellbeing Scans)
- Routine antenatal blood tests
- Referral to a range of complementary therapies including Yoga, Acupuncture, Massage, Osteopathy and more.
- **Optional:** 24-hour telephone support
- **Optional:** Unlimited private GP visits (currently London only)

### Elective Caesarean:

For those wanting a planned Caesarean section, regardless of where you are seeking antenatal care.

- Two consultations with a consultant obstetrician
- Consultant's delivery fee

### Postnatal Package:

For those seeking assistance in the home following birth.

- 11 home visits
- 24-hour telephone support

**In addition to the above packages, The Birth Clinic would be delighted to design a specially bespoke package tailored to your specific requirements- please feel free to enquire.**



# Ultrasound Scanning Services

At The Birth Clinic, we offer the complete range of private ultrasound scanning either as part of our maternity packages or individually. Our ultrasound clinics are considered amongst the best in the world and are conveniently located around the UK. After most scans, you will be provided with a report and pictures of your ultrasound. We offer the following ultrasound scans, some of which are not routinely provided through the NHS:

“Seeing our baby for the first time on-screen really made the pregnancy that bit more special”

John and Joanna Groves



## First Trimester Scans

**7 to 12 Weeks:** **Early Pregnancy Viability Scan or Dating Scan:** A scan to determine how many weeks pregnant you are, as well as number of babies you are carrying, the presence of a heart beat, the size of the sac and to detect any possible bleeding.

**11 to 14 Weeks:** **Nuchal Translucency Scan**  
A scan which determines your baby's risk of Down's syndrome and other fetal abnormalities by measuring the nuchal fold and nasal bone of your baby, coupled with blood tests for specific hormones.

## Second Trimester Scans

**14 to 22 Weeks:** **Reassurance Scan**  
A scan to measure your baby's head, abdomen and leg size as well as to assess the placenta, amniotic fluid and umbilical cord. In most cases, your baby's sex can be determined, if you wish to know.

**17 Weeks Onwards:** **Sexing Scan**  
A scan to determine the sex of your baby which also includes a general fetal wellbeing check.

**21 to 23 Weeks:** **Anomaly Scan**  
A complete scan to ensure your baby's health and detect any potential abnormalities. This scan checks the baby's brain, heart, spine, bowel, limbs as well as the placenta, amniotic fluid and umbilical cord.

## Third Trimester Scans

**23 to 40 Weeks:** **Wellbeing or Fetal Growth Scan including Doppler:** This scan measures your baby's head, abdomen, and limbs and provides an estimate of your baby's weight. The baby's position and movement can be measured, as well as the amount of amniotic fluid and location of the placenta.

**26 to 32 Weeks:** **3D and 4D Scans**  
Scans that show your baby in 3 dimensions or in real-time, moving in the womb (4D). A great chance to see your baby for the first time and to bond with your child. This scan includes a report, pictures and a DVD if you are having the 4D scan.



## Complementary Therapy

Pregnancy is as much about mother and father as it is about baby. That is why we offer a range of complementary therapies to help make your pregnancy more relaxing and fulfilling. Alternative treatments can relax and heal the body and spirit and make your pregnancy more enjoyable. We have teamed up with some of the UK's leading practitioners across a number of therapeutic disciplines including:

**Massage**

**Nutrition**

**Osteopathy**

**Yoga**

**Acupuncture**

**Fitness Coaching**

**Homeopathy**

**Psychotherapy**



“Our sincere thanks for all of your help and guidance during Susie’s pregnancy. We were nervous because it was our first pregnancy but the support we received gave us reassurance and allowed us to enjoy the experience.”

Peter and Susie Woods

“Thank you so much for the great care and attention we received after the birth; bringing Jessica home was an even bigger delight knowing we had experienced help every step of the way.”

Anna and Thomas Hicks

“Having supplemental scanning and consultant visits truly allowed us to concentrate on planning the wonderful arrival of our son Jonathan.”

Pierre and Chloe Bruel



[info@thebirthclinic.co.uk](mailto:info@thebirthclinic.co.uk)



“To all the staff at The Birth Clinic: Thank you so much for all the care during my pregnancy. My husband and I are so grateful to have had your expertise and compassion during this time.”

Love Samantha, Oliver, & Grace

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